

PRECIDENTD

Prevention of Cardiovascular and Diabetic Kidney Disease in Type 2 Diabetes

Did you know?
Having type 2 diabetes doubles your risk for heart disease.

Two classes of diabetes medications have been shown to lower heart disease risk.

What's the goal of this study?

To learn more about the only two classes of diabetes medications shown to reduce risk of heart disease for people with type 2 diabetes. Both are effective, but we don't know which medication class works better.

Who can participate in this study?





People with type 2 diabetes who are:

- **Over age 40** and have had a heart attack, stroke, or stents to open their blood vessels.
- **Over age 60** with A1C above 8, or who smoke.

WHAT DOES THE STUDY INVOLVE?

Our study team will work with your regular health care provider to fit the study medication into your usual diabetes care. Your current diabetes medications may be adjusted.

VISITS & SURVEYS

- First visit in-person or by video conference. This will help make sure the medicines are safe and affordable for you. If you agree to participate, you will complete questionnaires, and be assigned your medication.  1 hr
- Follow-up visit or call with study team two months later.  30 min
- One survey per year by phone and online between the yearly visits.  up to 1 hr
- One in-person or video conference visit per year.  1 hr ea

WHAT MEDICATIONS WILL I TAKE?

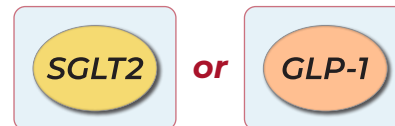
All study medications are approved by the FDA to treat type 2 diabetes.

- SGLT2 inhibitors such as *Jardiance, Farxiga, Invokana*
- GLP-1 receptor agonists such as *Victoza, Trulicity, Ozempic, Rybelsus*

SGLT2 Inhibitors

GLP-1 Receptor Agonists

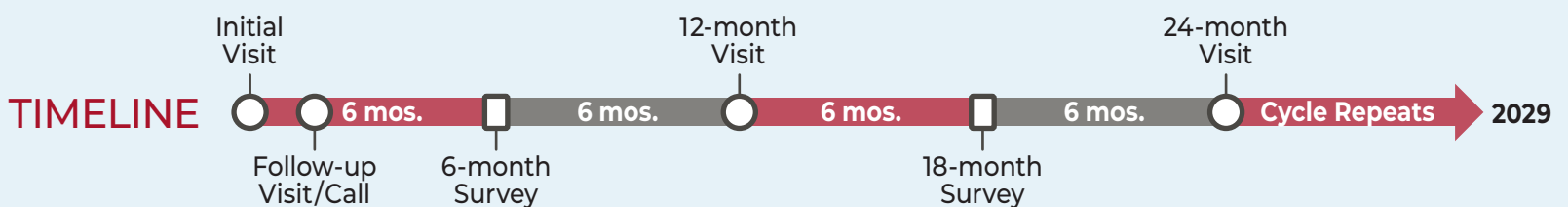
A computer will randomly assign you to take:



Our study team will send prescriptions to your usual pharmacy. You will pick up the prescriptions as you do your other prescriptions.

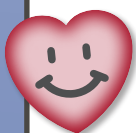
ARE THERE COSTS?

Medications and lab tests will be billed to your insurance company. Our study team will help assess your insurance coverage.



This study lasts through 2029 because we want to see what the long-term effects of the medications are on important outcomes like heart attack and stroke.

WHAT ARE THE REWARDS?



These medications can lower blood sugar, lower A1C, help with weight loss and prevent heart problems.

You will be paid \$500 for each year that you take part in the study.



ARE THERE POTENTIAL RISKS?

Most common side effects are genital yeast infections for SGLT2, and nausea for GLP-1.

Most GLP-1 medications involve weekly injections with a small pen needle.

QUESTIONS? Study team contact: 833-879-0139, PRECIDENTDCCC@BWH.HARVARD.EDU
Mass General Brigham Institutional Review Board: 857-282-1900